

# Progress Report - Campus Sustainability Fund

## March 2023 – Campus Pantry Free Menstrual Cup Program

### Email:

bnobbe@arizona.edu

### Project Manager Name:

*who is submitting this project?*

Bridgette Riebe

### Project Name:

Campus Pantry Menstrual Cups

### Project Subaccount Number:

22.08

### Project Summary Snapshot:

*Please copy and paste the "Summary Snapshot" you provided in your project application.*

#### Response

As the pantry continues to grow, there have been many requests to increase the types of items provided to students, including highly desired hygiene items such as pads and tampons. We have tried to provide these items to students to the best of our ability through packaging "period packs". Each "period pack" includes a few feminine hygiene products that students are able to take free of charge. As an organization, we have tried to take active steps towards becoming a more environmentally-friendly and sustainable program. We feel that investing in menstrual cups would be one of the best ways to provide students with feminine products, while also being environmentally conscious.

### Requested Metrics:

*Please report your project's metrics and their most recent number or response in a list format.*

#### Response

# of cups purchased- No more have been purchased. Funding has all been spent.  
# of cups distributed- Total number: 184/363  
# of students distributed to - Assumed 184 but per our discussions, this is not tracked.  
# of students engaged with at tabling events- We have engaged with a lot of students at our distributions, but have not heard back from other groups to come table at the pantry.  
# of distribution days / tabling days specific to the Menstrual Cup education and distribution- 28  
# of hours spent on this project (broken up by students/ staff)- staff 2 hours, students roughly 20 hours.  
Distribution(students/volunteers at our hygiene station)- 112  
# of people in the core project team involved in planning and execution of project (if they're a student/ staff/ faculty etc). 1 Student, 1 Staff

### Project Accomplishments :

*Please describe what aspects of the project have been accomplished. Be as descriptive and specific as possible. Examples of accomplishments could include: Held 4 public meetings totaling 130 attendees; Transitioned 300 square feet of dirt into usable garden space and signed on 14 community garden volunteers. Other examples of accomplishments could include sharing a confirmed schedule of events, the connections/contacts that have been established, etc.*

**Response**

The menstrual cup project has officially started, from the perspective of our users, on Nov 8, 2022. The months leading up to the first day of distributing cups included the making and printing of the graphic/ informational handout of how to insert, take out, and clean menstrual cups, information and training staff on the language and purpose of this program, selecting and buying the menstrual cups (in both sizes small and large), purchasing bins to hold the cups, and pre planning marketing materials and dates. We have also been in contact with other resources on campus that work closely with period poverty like the Feminist Pharmacy, SHAQ, and ExtraVAGanza. We are currently still distributing the cups at our weekly distributions and having conversations for tabling next to the program to help facilitate conversations about period poverty and sustainability of cups. Some of the contacts for tabling have not been responsive.

**Next Steps:**

**Response**

- Follow up with ExtraVaganza on tabling for the spring semester
- Have tabling dates pre scheduled for 1 distribution a month
- Partner with the feminist pharmacy for marketing of the program within their space
- Highlight the program on social media accounts.

**Challenges Faced:**

*Please identify and describe any obstacles/roadblocks you or your team have experienced, and detail how you've managed them/ will manage them. Should your project already be completed, please note what challenges you faced and what you would do differently.*

**Response:**

Since the initial purchasing of cups, we have not faced additional challenges. In regards to future challenges or obstacles we feel like this may include tabling conflict of schedules or availability we are back open on Fridays, but other organizations are still not always available during our distributions.

**Project Support:**

*Can the CSF support you in addressing any roadblocks you've encountered? How else can the CSF support your project?*

**Response:**

None at this time.

**Photo Upload:**

*Please upload or provide links (below) to relevant photos.*

**Response:**

{Empty} Photo Link {Empty}

**Photo Link:**

*Please copy hyperlinks to photos here should you not be able to individually upload photos.*

**Response:**

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**Media/Links:**

*Please include links to any media coverage or events information (e.g. news, social media, websites, interviews, etc.)*

**Response:**

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